

PLATINUM MEMBERSHIPS AVAILABLE MAXIMUM 5 SECURE YOUR PLACE

Tried gyms before and *failed*? Be part of an *exclusive* boutique environment where you are looked after-*privacy assured*. (with often *no more than 10 people* in the gym at any one time)

## MELBOURNES FIRST UNIQUE BOUTIQUE GYM & PERSONAL FITNESS TRAINING STUDIO IN FITZROY



- \* An exclusive *boutique* space
- \* The latest *technology* and *gadgets, machines*
- \* *Spacious* work out area
- \* Unique *Commando* zone
- \* Pole *Pilates*, Ropes, Rings, *Trapeze*, *Silks*
- \* Rooftop *chill-out* and *sun-deck* areas
- \* *Balinese rainforest* gym by day
- \* *Candlelit Moroccan* gym by night

Our intimate unique environment offers *individual attention*, tailored programs to suit *individual needs*, goals and fitness levels.

Our clients experience the *highest level of personal care* and attention.

### Gym hours

Mon, Tues, Thurs	6am-1pm/4.30-9pm
Wed, Fri	10am-6pm
Sat	9am-1pm
Sunday	closed

To view studio slide show [click here](#)

## \* JOIN VIBES FITNESS AND RECEIVE \*



- \* With your yearly memberships you receive *fitness assessments*
- \* Assessing your natural body shape and type, metabolism, postural analysis, fitness test, VO2, and much more -*value \$200*
- \* *10% discount* on all online products
- \* 44 x one hour *personalized* programs-*value \$4000*
- \* A unique gym environment where your *privacy is assured*
- \* monthly workshops-*value \$2000*
- \* complimentary fruit and filtered water
- \* Serviced shower, change rooms, and your own *personal locker*
- \* Regular follow up *calls*

JOIN NOW AND CALL FOR A COMPLIMENTARY CONSULTATION AND TOUR  
SO WE CAN HELP YOU ACHIEVE YOUR FITNESS GOALS CREATING RESULTS



You will be *personally trained* and looked after by **MARGIE CERATO** the founder of vibes fitness. She is a *pioneering trainer* and fitness/lifestyle consultant, with over *30 years experience* and is results driven. Margie has combined her personal training/coaching while *touring the world with CEOs, stars*, as well as *performing as corporate lifestyle/trainer presenter*.

Whether you are a mum or dad, time poor, elite sports person, show business icon, corporate executive simply looking to *optimize your fitness*, exercise regularly, stay healthy, look good, and *be in balance*. Vibes fitness is the only place for fitness and we will help you achieve your health and fitness goals with *professional mentoring and humor*.

Let *celebrity trainer* turn your *buns into steel*, transform your *pec's*, sculpt your *six pack*, for peak fitness, energy, stamina and *increased libido*.

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