



ABN 59 602 470 573

**Creating Balance Energy and Choices- with over 30 years' experience in the Health & Fitness Industry -Boutique Personal Training Studio, 106 Leicester St, Fitzroy, 3065 (just off Brunswick Street) four houses down from the Fitzroy nursery.**  
[www.vibesfitness.com.au](http://www.vibesfitness.com.au) Ph: 0412526383 - 94192033

We thank you for giving us, at Vibes Fitness the opportunity to work with you.

Terms of engagement: please print your name here \_\_\_\_\_

Please list any injuries, medications, tightness, aches, pains and challenges in your body \_\_\_\_\_

Named in the schedule whose signature appears below in consideration of Margie Cerato & " Vibes Fitness, Personal Training, Pole Pilates , Aerial yoga, silks, circus classes & all subcontractors" providing me with personal training, all classes that are conducted at vibes Fitness and associated advice for myself, my heirs my administrators and executors hereby consent and agree as follows.

1. I warrant that I am medically able and that I do not have any current known illnesses, diseases, injuries and that I am in good health. I understand the risks in doing some activities and there is no medical reason why I cannot do all activities with vibes fitness or pole Pilates I acknowledge that I undertake all training and carry out all tasks at my own risk. I recognise that any training activity is potentially hazardous if not performed correctly with correct technique instructed by teacher. Let us know if you have vertigo, pregnant, travel sickness, migraines, headaches, glaucoma, any surgery, or on medications etc. As some of these are contraindications and may be challenging in some of the activities
2. I hereby waive any claim, right or clause of action that I might otherwise have for or arising from any illness, sickness, injury, death or danger of whatsoever nature which I may suffer or sustain in the course of and participation in any training or subsequent to any training or pole activities, boxing all services at vibes fitness, etc.
3. The waiver in clause 4 shall be and operate in favour of all persons, corporations and bodies involved or otherwise engaged in providing services by Margie Cerato @vibes fitness and all vibes subcontractors', training and associated advice and the servants, agents, representatives and officers of any of them.
4. This document and waiver extends to all claims of any kind of nature whatsoever, foreseen, or unforeseen known or unknown.

Disclaimer please sign that all the above is read and understood. By signing you understand this disclaimer.

Please print name \_\_\_\_\_ Contact number \_\_\_\_\_

Address \_\_\_\_\_

Email: \_\_\_\_\_ Signature: \_\_\_\_\_

Please list your goals or what you would like to achieve in attending our classes at Vibes Fitness

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