**At Vibes Fitness,** we value your commitment to your fitness journey. To secure your bookings, prepayment of $38.50 is essential. (This includes GST.) This ensures your spot in the class and demonstrates your dedication to your health and well-being. Please note that if you miss a class, it cannot be made up as it is a group session. **We will start more classes as soon as we have a group of 4 people** – cost is $35 plus GST =$38.50. Pre-pay is essential to secure your booking.

**Groups** Pt personal training green - **Groups** Aerial Yoga in purple

**Monday**

**4.30** private PT

**5 pm-**

**6 pm Group** Aerial yoga restorative -hammocks low

**7 pm -**Private personal training PT

**Tuesday**

**6 pm Group** PT personal training

**Wednesday -4.30 Private PT**

**Thursday**

**6 pm Group** Personal Training PT

**7 pm** private Personal Training PT

**Friday**

**Saturday**

**11 am Group** Aerial Yoga restorative group -hammocks low

**Sunday private bookings by appointment only**